

◆ **Other items**

- ◆ Small warm throw blanket
- ◆ 1 thin towel & wash cloth
- ◆ toiletries /soap (unscented)
- ◆ Vaseline or shea butter
- ◆ 1 plastic hook
- ◆ toilet tissue & wipes (no alcohol)
- ◆ plastic zip lock bags (varying sizes)
- ◆ For sleeping: fitness or exercise mat
- ◆ Woolite (travel size)
- ◆ canteen or 2 qt. Igloo for carrying water
- ◆ Kufi for protection from sun (brothers- not worn when in Ihram)
- ◆ Money belt or pouch worn around neck to carry valuables (passport, airline tickets, etc.)
- ◆ Travelers checks
- ◆ Credit Card
- ◆ Food is readily accessible in Saudi
- ◆ dried fruits, trail mix, tea, dried soup and powdered Gatorade in envelop packs.

Conditions of Hajj

- ◆ **Climate** - Hot: days -100 degrees
cool nights 65 degrees
- ◆ **Crowded** in excess of 3 million people
- ◆ **Language** Study Arabic - Difficulty communicating

◆ **Sleeping arrangements**

tight – four in a room. You must learn to share and show concern for your fellow hajjis.

Dates of Departure/Return

- ◆ Hajj: Depart November 11, 2009
- ◆ Return December 1, 2009

Hajj Murshiddun

2905 Bradmoor CT.

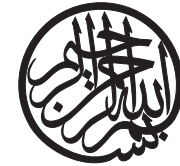
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For Hajj are the months well known. If anyone undertakes that duty therein, let there be no obscenity, nor wickedness, nor wrangling in the Hajj Quran 2:197



The Prophet (SAWS) said that

“The reward for Hajj Mabruur is nothing short of paradise”

Hadith

GENERAL INSTRUCTIONS

Type of Hajj to perform

- ◆ Make Intention for Hajj Tamatu'
 - Begin spiritual preparation.
 - Pray, reflect and take stock of your life; its achievements and mistakes.
 - Learn your Rites of Hajj
 - Question your local Imams, other Hajjis, or contact Hajj Murshiddun for answers.
- Begin an exercise program, walking etc. to increase stamina and ability to walk 5 miles with ease.
- **Read books on Hajj.**
 - Quran
 - Hajj by Shariati 1978, 1991
 - Important Fatwas Regarding The Rites of Hajj & Umrah- Kingdom of Saudi Arabia
 - ◆ A guide to Hajj & Umrah & Visiting the Prophet's Mosque - Kingdom of Saudi Arabia
 - ◆ Hajj & Umrah from A to Z - Mamdou N. Mohammed

Financials & Wills

- ◆ Decide on financial matters to provide for your family for adequately?
- ◆ Prepare a plan to cover monthly expenses while you are away.

- ◆ Time debts should be current.

[It is not necessary to pay off your time debts and mortgage balance. Personal loans should be paid.]

- ◆ **Prepare a will**
- ◆ Consider who will be named legally to care for your children and financial estate in case of death.

Spending money is a personal matter. You must decide how much is appropriate for your 18 day trip.

Medical

- ◆ Explain the Hajj to your doctor so that he can inform you how to adjust yourself and meds to climate and conditions.
- ◆ Make sure you inform. Doctor and Hajj Murshiddun of any illnesses /medicines you have to take.

Mail the following to Hajj Murshiddun

- ◆ Passport (valid for at least 6 months from date of travel)
- ◆ Immunizations:
 - Meningococcal meningitis (**Required- will not get visa without them.**)
 - Tetanus (recommended)
- ◆ **Make sure your immunizations are recorded in an International Certificate of Vaccination.**
- ◆ 4 (passport size, headshots) **color photos with white background**
- ◆ Visa application (we will provide)
- ◆ Letter of Islamic conversion from your masjid

- ◆ Statement of permission to travel without your husband if you are a married woman going to Hajj. Must be signed by him.
- ◆ Statement for women traveling alone from a male relative in your family.

Packing

- ◆ **Pack Light**
- ◆ 1 to 2 pieces of luggage (carry on bag size bag)
- ◆ 1 nylon gym bag for the Hajj
- ◆ Clothing (for men & women)
 - ◆ 4 - 5 cotton comfortable outfits
 - ◆ cotton underwear
 - ◆ 1 good pair of walking shoes
 - ◆ **Men only for Ihram** – slip on sandal, heel & toes exposed, no strap.
 - ◆ 1 warm jacket
 - ◆ Sisters - a Kimaa or large rectangular scarf for complete covering while praying.
- ◆ **Medicine**
 - ◆ prescription medicine & the written prescription
 - ◆ Medical alert bracelet if ordinarily worn
 - ◆ small first aid kit
 - ◆ eye glasses (prescription) & extra pair if you cannot see without them
 - ◆ Sunglasses